



FOR IMMEDIATE RELEASE

Captain Satsuma shortlisted for 2021 Gourmand World Cookbook Award

A first-time Cornish author, who decided to write a children’s adventure book for his granddaughter, is now in line to pick up an international award after his book was shortlisted for the prestigious 2021 Gourmand World Cookbook Award.

James Hopson, who lives in Lizard Village, Cornwall wrote and self-published his children’s adventure book ‘Captain Satsuma has Landed’ in May last year, after being inspired by his young granddaughter when she placed a satsuma in front of him, whilst they were drawing together.

“That day my life changed forever” said James, who had no previous experience as an author.

The book follows the adventures of lead character Captain Satsuma, as he and his team set off in search of ‘Evil Spud Mouldy.’ Their mission takes them to Gnome Island where Evil Spud Mouldy has formed an alliance with the ruthless ‘Count Rubbish.’

In Jan the book was chosen as a ‘Best in the UK’ title by Gourmand World Cookbooks and was subsequently shortlisted to be a finalist for a ‘Best in the World Award,’ where it will be up against three other entries from around the globe in the ‘Self-Publishing’ category at the Gourmand World Cookbook Awards.

The Gourmand World Cookbook Awards have been running for 25 years, with the final takes place on 5th June 2021 in Paris. Previous Gourmand award winners include Jamie Oliver, Michel Roux, and Paul Hollywood.

James is delighted to be a finalist in a competition, which is described as the 'Oscars of Food Awards'. "For my book to be shortlisted from books produced not only in the UK but from all over the World, is something I'm very proud of," said James. Not only is the story designed to be fun for kids and those reading the story with them, I also wanted to encourage children and families to think about what they eat and to embrace a healthy lifestyle. When writing Captain Satsuma has Landed, I set out to help solve a very real problem faced by a number of parents across the UK, getting their children to embrace their 5 a day. To get this level of recognition for a book I wrote and published myself is truly amazing."

James is now working on some further adventures for Captain Satsuma book, with again the emphasis being to educate and engage with children in fun ways. The book is available direct from his website (www.captainsatsuma.co.uk).

Jenny Tschiesche BSc [Hons] Dip [ION] FdSc BANT Best Selling Author and Nutrition Workshop Facilitator said of James book, "I've been reading this fantastic book designed for people far younger than me but no less fun for us adults too! It is a fantastic bedtime storybook and it is designed to encourage children to have a balanced diet, and to respect nature and their environment."

FOR MORE INFORMATION PLEASE CONTACT: James Hopson, Captain Satsuma Limited. www.captainsatsuma.co.uk

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